



Flatwater Paddling Yukon (FPY)

Whitehorse, Yukon

CODES OF CONDUCT
PARENT - ATHLETE - COACH

Passed by board February 9, 2017

For personal development in the sport of paddling, the athlete, the athlete's parents or guardians, and coaches all play a critical role. To ensure that we work together to get the optimum benefits from sport, we all need to be on the same page regarding roles and responsibilities. We must understand and respect our relationship with the others and the commitments that are required as an athlete and parent of an athlete in the various Flatwater Yukon paddling programs and activities.

Paddling is a unique sport in that paddlers are exposed to many risks not associated with other sports (i.e. cold water, cold temperatures, environmental hazards, etc.). Coaches minimize the risks as best as possible, but need the support of athletes and parents for success. Safety is a primary concern and athletes need to be more actively involved and aware than in other sports.

The following Codes of Conduct have been developed to aid athletes in achieving a level of behaviour that will allow all concerned to maximize the benefits of paddling development and guide the athlete in becoming well-rounded and self-confident, while keeping safety in mind.

In order to participate in Flatwater Yukon paddling programs, activities and competitions, athletes and parents must read, understand, and sign their respective code of conduct.

If you ever have concerns regarding the various paddling programs please raise them with the Executive Director or a board member, who will then bring the concerns forward to the appropriate person.



Flatwater Paddling Yukon

ATHLETE CODE OF CONDUCT

As an athlete with Flatwater Yukon I will:

- Abide by the rules set by my coaches and listen while they are talking.
- Work hard to improve my skills.
- Work hard at keeping up with my fellow paddlers even if I don't feel like it because my motivation directly impacts the paddlers around me.
- Be a team player. Learn teamwork, sportsmanship and discipline.
- Arrive early to make sure I am ready on time for practices and races.
- Come prepared to participate in outdoor flatwater paddling sports: (i.e. with appropriate clothing and equipment).
- Always be a good sport.
- Respect and refrain from public criticism of: coaches, teammates, parents, competitors, officials and volunteers.
- Treat everyone fairly, regardless of gender, place of origin, colour, sexual orientation, religion, political belief or economic status.
- Abstain from use of tobacco, drinking alcoholic beverages, using illegal substances, or performance enhancing or mind-altering drugs.
- Conduct myself in an acceptable manner. The use of abusive, obscene or profane language or gestures will not be tolerated. Bullying will not be tolerated.
- Be an ambassador for my flatwater paddling community.

If an athlete is not able to fully participate in the paddling activities due to behaviour or attitude, parents will be asked to support the decision to remove child from the sport if the behaviour does not change.

Date	
Name of athlete (print)	
Signature of athlete	
Name of parent/guardian (print)	
Signature of parent/guardian	I have read and understand my child's role as an athlete with Flatwater Yukon.



Flatwater Paddling Yukon (FPY)

PARENT CODE OF CONDUCT

As a parent/guardian of an athlete with Flatwater Yukon:

- I will not force my child to participate in the sport of paddling.
- I will remember that my child paddles for personal enjoyment, not for mine.
- I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will teach my child that doing one's best is as important as winning, so that my child will never feel defeated by the outcome of a race/event.
- I will make my child feel like a winner every time by offering praise for trying hard and competing fairly.
- I will ask my child at the end of a session what they learned during the session instead of asking how they compared to other participants.
- I will never ridicule or yell at my child for making a mistake on the water or losing a competition they may have participated in.
- I will remember that children learn best by example. I will applaud good performances by both my child and their peers.
- I will never question the coach's judgment or honesty in public.
- I will support all efforts to remove verbal and physical abuse from children's sporting activities.
- I will respect and show appreciation for the coaches and volunteers who give their time to provide flatwater paddling opportunities for my child.

Date	
Name of parent/guardian (print)	
Signature of parent/guardian	
Name of athlete (print)	
Signature of athlete	I have read and understand my parent/guardian's role in my paddling development



Flatwater Paddling Yukon (FPY)

COACH CODE OF CONDUCT

Coaches play a critical role in an athlete's personal and athletic development. A coach must understand and respect the inherent power imbalance that exists in this relationship and must be extremely careful not to abuse it. Coaches are role models for the sport and their athlete's behaviors and attitudes reflect this.

As a coach with Flatwater Yukon I will:

1. Allow athletes' goals to take precedence over my own. Refer an athlete to other coaches or sport specialists when this will benefit the athlete.
2. Ensure the safety of the athletes with whom they work. Make sure that activities are suitable for the age, experience, ability and fitness level of the athletes and educate the athletes in safe practices.
3. Respect each athlete's dignity. Treat everyone fairly, regardless of gender, place of origin, colour, sexual orientation, religion, political belief or economic status.
4. At no time make sexual innuendos or comments to or about their athletes. At no time become sexually involved with their athlete. This includes making requests for sexual favours or threat or reprisal for the rejection of such requests.
5. Never advocate or condone the use of drugs or other banned performance enhancing substances. Never provide athletes with alcohol or drugs.
6. Direct comments or criticism at the performance rather than the athlete. Provide feedback in a positive manner.
7. Consistently display high personal standards and project a favourable image of the sport and of coaching. For example, a coach should:
 - a) Treat other coaches, officials and opponents with respect at all times. Refrain from criticism of others involved in the sport and encourage athletes to do the same.
 - b) Ensure their athletes uphold both the rules of their sport and the spirit of such rules.
 - c) Abstain from the use of tobacco while in the presence of athletes. Discourage athletes from using tobacco.
 - d) Abstain from drinking alcohol when working with athletes. Do not encourage the use of alcohol in conjunction with athletic events or victory celebrations.
 - e) Refrain from the use of profane, insulting, harassing or offensive language in the conduct of his/her duties.
8. Cooperate with registered medical practitioners in the diagnosis, treatment and management of athletes' medical and psychological problems. The athletes' future health and well-being is of primary importance. Remember that paddling is a lifelong activity when making decisions regarding an injured athlete's ability to continue training or racing.



9. Cooperate with a minor athlete's parents or guardians, involving them in decisions pertaining to their child's development.

10. Be aware of the academic pressures placed on student athletes. Construct training programs to allow academic success.

Coaches who have problems or concerns can discuss them with the Executive Director or a board member.

I have read and understand the above statements and agree to conduct myself in a manner that demonstrates the standards established in this Coaching Code of Conduct.

Date	
Name of coach (print)	
Signature of coach	
Name of witness (print)	
Signature of witness	